



December 12<sup>th</sup>, 2011 – January 21<sup>st</sup>, 2012

## Class Schedule

CLASS SCHEDULE December 12 <sup>th</sup> , 2011 – January 21 <sup>st</sup> , 2012							
The Wellness Solution, 366 U.S. Route 1, Falmouth							
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AM CLASSES							8:00-9:00 am Yoga for Athletes
AM CLASSES							
Noon CLASSES		12-12:45 pm Power Boot Camp				12-12:45 pm Power Boot Camp	
Evening CLASSES			6:15-7:15 pm Power Boot Camp		6:15-7:15 pm Power Boot Camp		
Evening CLASSES							

**Pricing:** Drop-In Rates: \$15.00 per class Session Cost: 1 class/week for 6 weeks: \$75 2 classes/week for 6 weeks: \$144

Class Card: 10 classes: \$130

**Please Note: All Sessions and Class Cards are nontransferable and nonrefundable. (Class Cards have a 6-month expiration)**